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HUÉSPEDES CON PLAN EUROPEO, LAS ACTIVIDADES DE BIENESTAR Y DEGUSTACIÓN DE TEQUILA ESTÁN DISPONIBLES POR UN COSTO ADICIONAL DE \$40 USD.

	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY
9:30 a.m.	TAI CHI *CAÑADA DECK 	ESTIRAMIENTO STRETCHING *CAÑADA DECK 	TAI CHI *CAÑADA DECK 	YOGA *CAÑADA DECK 	TAI CHI *CAÑADA DECK 	YOGA *CAÑADA DECK 	ESTIRAMIENTO STRETCHING *CAÑADA DECK 
10:30 a.m.	CAMINATA NATURAL NATURE WALK *INFINITY POOL 	MELANGE EXPERIENCE SPA TOUR *BLEND 	PADDLEBOARD CLINIC *INFINITY POOL 	CAMINATA NATURAL NATURE WALK *INFINITY POOL 	MELANGE EXPERIENCE SPA TOUR *BLEND 	PADDLEBOARD CLINIC *INFINITY POOL 	CAMINATA NATURAL NATURE WALK *INFINITY POOL 
11:00 a.m.		BOCCE BALL *BEACH 	JENGA TOURNAMENT *INFINITY POOL 		PING PONG TOURNAMENT *ESSENCES 	DARTS DARDOS *INFINITY POOL 	
12:00 p.m.	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	DESAFIO DEL BAÑO FRÍO 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 	DESAFIO DEL BAÑO FRÍO 	ACUAEROBICS POOL WORKOUT *INFINITY POOL 
2:00 p.m.	COSMIC CEREMONY 4 ELEMENTS *THE VENT 	ACUATERAPIA WATSU *ARMONY POOL 	ICE BATH CHALLENGE *INFINITY POOL 	ACUATERAPIA WATSU *ARMONY POOL 	MIX, BEATS & DRINKS MIXOLOGY *DROPS 	ICE BATH CHALLENGE *INFINITY POOL 	MIX, BEATS & DRINKS MIXOLOGY *DROPS 
3:00 p.m.	ORGANIC FREQUENCES DJ SESSION *INFINITY POOL 	TEQUILA DEGUSTACIÓN TASTING *THE VENT 	MUSIC IS THE ANSWER DJ SESSION *INFINITY POOL 	TEQUILA DEGUSTACIÓN TASTING *THE VENT 	MITA BEATS® DJ SESSION *INFINITY POOL 	MITA BEATS® DJ & SAX *INFINITY POOL 	LINE DANCES BAILES DE LINEA *INFINITY POOL 
4:00 p.m.		VOLLEYBALL ACUÁTICO POOL VOLLEYBALL *ARMONY POOL 		VOLLEYBALL ACUÁTICO POOL VOLLEYBALL *ARMONY POOL 		VOLLEYBALL ACUÁTICO POOL VOLLEYBALL *ARMONY POOL 	
5:00 p.m.	WET BLACK JACK *INFINITY POOL 	BEER PONG TOURNAMENT *INFINITY POOL 	SONOTERAPIA SOUND HEALING *CAÑADA DECK 	WET BLACK JACK *INFINITY POOL 	SONOTERAPIA SOUND HEALING *CAÑADA DECK 	WET BLACK JACK *INFINITY POOL 	BEER PONG TOURNAMENT *INFINITY POOL 
NOCHES TEMA THEME NIGHTS	"ALL IN" CASINO LIVE MUSIC GAMES *BLEND 	RIVIERA GALLERY DJ SESSION ART GALLERY *BLEND 	¡BAILA CUBA! LIVE MUSIC SALSA DANCING CLASS *BLEND 	GLOW WITH THE FLOW® DJ SESSION NEON PARTY *INSU 	LOGO & CO FASHION FRIDAY LIVE MUSIC CATWALK *BLEND 	ARMONY VIBES® DJ SESSION FIRE SHOW. *PLAZA ARMONY 	MEZCAL + SALUD LIVE MUSIC LOTERIA & GUACAMOLE *BLEND 
8:00 p.m. - 11:00 p.m.							

**PROGRAMA DIARIO DE BIENESTAR • DAILY WELLNESS SCHEDULE**

CEREMONIA  
COSMICA  
4 ELEMENTS  
2:00 p.m.  
LUNES  
MONDAY  
\*THE VENT



YOGA  
9:30 a.m.  
JUEVES Y SÁBADO  
THURSDAY & SATURDAY  
\*CAÑADA DECK



RETO DE LA TINA CON HIELO  
ICE BATH CHALLENGE  
12:00 p.m.  
MIÉRCOLES & SABADO  
WEDNESDAY & SATURDAY  
\*INFINITY POOL



ACUATERAPIA  
WATSU  
2:00 p.m.  
MARTES Y JUEVES  
TUESDAY & THURSDAY  
\*ARMONY POOL\*



SONOTERAPIA  
SOUND HEALING  
5:00 p.m.  
MIÉRCOLES Y VIERNES  
WEDNESDAY & FRIDAY  
\*CAÑADA DECK



CLASE DE TAI CHI  
TAI CHI CLASS  
9:30 a.m.  
LUNES, MIÉRCOLES Y VIERNES  
MONDAY, WEDNESDAY & FRIDAY  
\*CAÑADA DECK

